

## PSHCE Lower KS2 Overview

Emotional Health and Well-being (SEAL units)	Financial Capability	Sex and Relationship Education	Drugs Education	Enterprise/careers	Citizenship	Healthy Living
New Beginnings		To think about the lives of people living in other places and times, and people with different values and customs. Year 3 unit 19 Year 4 unit 22			To talk and write about their opinions, and explain their views, on issues that affect themselves and society Year 4 unit 1, 2 To know why and how rules and laws are made and enforced, why different rules are needed in different situations and how to take part in making and changing rules. Year 3 unit 11, 12, 13	To know <a href="#">school rules about health and safety, basic emergency aid procedures and where to get help.</a> Year 3 unit 6
Getting on and falling out.		To care about peoples feelings and try to see things from their point of view. Year 3 unit 22 Year 4 unit 11			<a href="#">To research, discuss and debate topical issues, problems and events.</a> Year 4 unit 12 To recognise their worth as individuals by identifying positive things about themselves and their achievements, seeing their mistakes, making amends and setting personal goals. Year 3 unit 7, 8, 17, 18	
Say No to bullying		To know that pressure to behave in an unacceptable or risky way can come from a variety of sources, including people they know, and how to ask for help and use basic techniques for resisting pressure to do wrong. Year 3 unit 14 To realise the nature and consequences of racism, teasing, bullying and aggressive behaviours and know how to respond to them and ask for help. Year 4 unit 19 To understand the meaning of peer pressure and to explore strategies to deal with it .			To know why and how rules and laws are made and enforced, why different rules are needed in different situations and how to take part in making and changing rules. Year 3 unit 14	
Going for Goals	To learn how to make simple financial decisions involving small amounts of money and consider how to spend money including pocket money and contributions to charity. To understand the difference between things I want and things I need. To know that people have different financial circumstances and that standards of living vary across time and place. To solve word problems involving money.			To know about the range of jobs carried out by people they know and to understand how they can develop skills to make their own contribution in the future. Year 3 unit 16 Year 4 unit 13	To recognise their worth as individuals by identifying positive things about themselves and their achievements, seeing their mistakes, making amends and setting personal goals. Year 3 unit 9 Year 4 unit 4	To reflect on their own lifestyles and set simple goals.
Good to be me.		To recognise the different risks in different situations and then decide how to behave responsibly, including sensible road use, and judging what kind of physical contact is acceptable or unacceptable. Year 3 unit 15 Year 4 unit 15	To know that all medicines are drugs but not all drugs are medicines. To understand that tobacco and alcohol can be harmful to human beings.		To recognise their worth as individuals by identifying positive things about themselves and their achievements, seeing their mistakes, making amends and setting personal goals. Year 3 unit 1, 5 Year 4 unit 5,6 To know that differences and similarities between people arise from a number of factors, including cultural, ethnic, racial and religious diversity, gender and disability Year 3 unit 21	To know what keeps them healthy. Year 4 unit 16, 17
Relationships		To recognise, as they approach puberty, how people's emotions change at that time. To know how to deal with their feelings towards themselves, their family and others in a positive way. Year 4 unit 21?	To know that there are various support strategies available in and out of school with regard to alcohol and tobacco. To recognise the role of voluntary, community and pressure groups. Year 3 unit 10,		To recognise their worth as individuals by identifying positive things about themselves and their achievements, seeing their mistakes, making amends and setting personal goals. Year 3 unit 3, 4, 7, 8, 20 Year 4 unit 3 To face new challenges positively by collecting information, looking for help, making responsible choices, and taking action . Year 4 unit 9 To realise that people and other living things have needs, and that they have responsibilities to meet them Year 4 unit 10	To identify what they value in others
Changes	To look after their money and realise that future wants and needs may be met through saving.				To talk and write about their opinions, and explain their views, on issues that affect themselves and society Year 3 unit 2, Year 4 unit 7 <a href="#">To research, discuss and debate topical issues, problems and events.</a> Year 4 unit 14	To know some of the effects of alcohol on the body.
	Financial Capability through PSHE Guidance for schools July 2000	Sex and Relationship Education for schools DCSF 2010	Drugs Guidance for schools DCSF 2010	QCA Programs of study (End of Key Stage Statements) Personal, social and health education key stage 1– National Curriculum		