

P.S.H.C.E Key Stage One Overview

Emotional Health and Well-being (SEAL units)	Financial Capability	Sex and Relationship Education	Drugs Education	Enterprise/careers	Citizenship	Healthy Living
<p>New beginnings</p> <p>To feel like I belong to a community and know my rights and responsibilities within it.</p> <p>To be aware of my similarities and differences from my friends.</p> <p>To know how to manage my feelings when I am scared or upset.</p> <p>To make good choices to solve my own and other peoples problems so we feel better.</p>	<p>To understand the Fair trade tuck shop.</p> <p>To chose how to spend money</p> <p>To understand the consequence of losing money.</p> <p>To know that we have to pay for what we buy.</p>			<p>To know how to generate ideas and basic principles of working together and sharing ideas to create a common purpose.</p>	<p>To agree and follow rules for their group and classroom, and understand how rules help them</p> <p>Year 1 unit 5,8</p> <p>Year 2 unit 8</p> <p>To know that they belong to various groups and communities, such as family and school.</p> <p>To contribute to the life of the class and school</p>	<p>To know what keeps them healthy (for example exercise and rest).</p> <p>Year 1 unit 10 and unit 11</p> <p>Year 2 unit 10</p>
<p>Getting on and Falling out:</p> <p>To know what being a good friend means.</p> <p>To see things from other points of view and use this information to work well in a group.</p> <p>To learn how to manage feelings of anger and have ideas about how to resolve conflict.</p>		<p>To recognise how their behaviour affects other people.</p> <p>Year 2 units 9,15,19</p> <p>To listen to other people and play and work cooperatively.</p> <p>Year 1 units 15,17,18</p> <p>Year 2 16</p>			<p>To recognise what they like and dislike, what is fair and unfair, and what is right and wrong</p> <p>Year 1 units 1,4,7</p> <p>Year 2 units 1,4,5, 6</p>	<p>To understand some of the things that influence the choices they make about their health.</p>
<p>Say No to bullying:</p> <p>To know that everyone s different and to be proud of what we are.</p> <p>To know what bullying is.</p> <p>To know some of the feelings associated with bullying and who to turn to in school if I was being bullied.</p>		<p>To know that there are different types of teasing and bullying .</p> <p>To know that bullying is wrong.</p> <p>T know how to get help to deal with bullying.</p> <p>Year 2 unit 18</p>			<p>To recognise, name and deal with their feelings in a positive way</p> <p>Year 1 unit 3</p> <p>To identify and respect differences and similarities between people.</p> <p>Year 1 unit 21,22</p> <p>Year 2 unit 20,(21?), ,22</p>	<p>To develop their responsibility in making healthy choices.</p>
<p>Gong for Goals:</p> <p>To know we all learn in different ways.</p> <p>To set realistic goals and make plans to achieve them.</p> <p>To persevere when work is tough and make good decisions regarding my actions.</p> <p>To learn from my success.</p>	<p>To know that different people may make different choices about spending money and to consider social and moral dilemmas about the use of money that they come across in everyday life.</p>			<p>To know about different types of jobs.</p>	<p>To know how to set simple goals.</p> <p>Year 2 unit 3</p> <p>To know what improves and harms their local, natural and built environments and about some of the ways people look after them</p> <p>Year 2 unit 7, 9</p>	<p>To reflect on their own life styles and set simple goals about health.</p>
<p>Good to be me:</p> <p>To tell people about my gifts and talents.</p> <p>To understand lots of different feelings and know how to manage them appropriately.</p> <p>To stand up for myself and make good choices.</p>	<p>To know it is important to look after money and make real choices about spending and saving.</p> <p>To know that money can come from different sources and can be used for different purposes.</p> <p>To know that people choose to spend money in different ways and that the decisions they make depend upon their circumstances.</p> <p>To solve whole number problems involving money</p>	<p>To know how to maintain personal hygiene.</p> <p>Year 1 unit 12</p> <p>To know some diseases spread and can be controlled.</p> <p>Year 1 unit 14</p> <p>To name the main parts of the body.</p> <p>Year 1 unit 13</p> <p style="text-align: center;">To identify and respect the differences between people</p>	<p>To know that all household products, including medicines, can be harmful if not used properly</p>		<p>To think about themselves, learn from their experiences and recognise what they are good at.</p> <p>Year 1 unit 2</p>	<p>how to make simple choices that improve their health and wellbeing</p> <p>Year 2 unit 14</p>
<p>Relationships:</p> <p>To recognise who is important to me and understand that sometimes I will feel jealous.</p> <p>To know how to deal with feelings without hurting others.</p> <p>To understand that others have feelings too.</p>		<p>To know that family and friends should care for each other.</p> <p>Year 1 unit 16, 19,20</p> <p>Year 2 unit</p>	<p>To know that it is important to recognise danger and to keep myself safe.</p> <p>To know that all medicines are drugs and can be very dangerous.</p> <p>To understand rules about storing and taking medicines and can recognise my 'safe adults'</p> <p>Year 2 unit 11</p>		<p>To share their opinions on things that matter to them and explain their views.</p> <p>Year 2 unit 6</p> <p>To realise that people and other living things have needs, and that they have responsibilities to meet them– covered in Year 4 unit 'looking after our pets'</p>	<p>To know rules for, and ways of, keeping safe, including basic road safety, and about people who can help them to stay safe.</p> <p>Year 2 unit 12, 13</p>
<p>Changes:</p> <p>To say things about me that have/will change or will not change in the future.</p> <p>To plan to reach a goal and know that the choices I make will or will not help me reach this goal.</p>		<p>To know about the process of growing from young to old and how people's needs change.</p> <p>Year 2 unit 10 (21?)</p>			<p>To take part in discussions with one other person and the whole class</p> <p>To take part in a simple debate about topical issues.</p> <p>Year 2 unit 9</p>	<p>To know that exercise has an effect on physical and emotional health and well-being.</p>
	<p>Financial Capability through PSHE Guidance for schools July 2000</p>	<p>Sex and Relationship Education for schools DCSF 2010</p>	<p>Drugs Guidance for schools DCSF 2010</p>	<p>QCA Programs of study (End of Key Stage Statements)</p> <p>Personal, social and health education key stage 1– National Curriculum</p>		